

ADULTING 101: LIFE SKILLS CLASSES FOR TWEENS, TEENS AND ADULTS

PRESENTED BY KYLA HUNT, JANE DANCE AND ALEYA STONE



WHO ARE WE?

- **KYLA HUNT IS THE LIBRARY MANAGEMENT CONSULTANT AT THE TEXAS STATE LIBRARY AND ARCHIVES COMMISSION, AND IS THE AUTHOR OF THE 2018 BOOK *LIBRARY PROGRAMS AND SERVICES FOR NEW ADULTS***



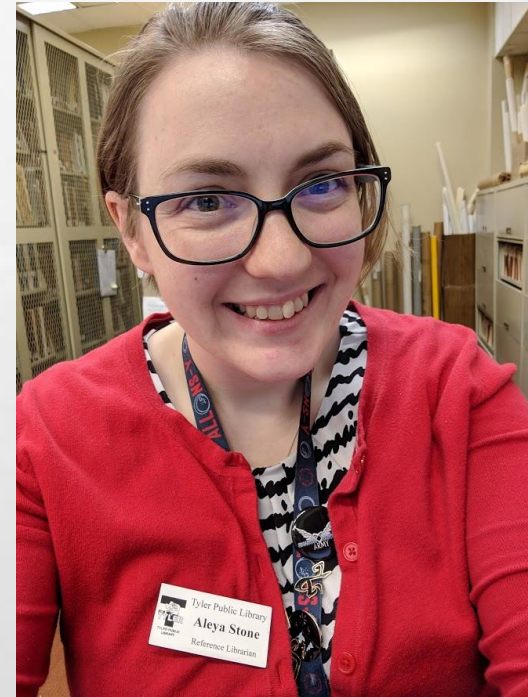
WHO ARE WE?

- **JANE DANCE WAS HIRED TO A FULL TIME POSITION AT THE ROUND ROCK PUBLIC LIBRARY. SHE HAS GROWN THE TEEN PROGRAM (AGES 12-18) IN THE PAST 10 YEARS, AND ADULTING 101 FOR TEENS HAS BEEN HER MOST SUCCESSFUL AND WELL ATTENDED SERIES WITH ATTENDANCE AS HIGH AS 56 FOR ONE PROGRAM ON STRESS MANAGEMENT.**



WHO ARE WE?

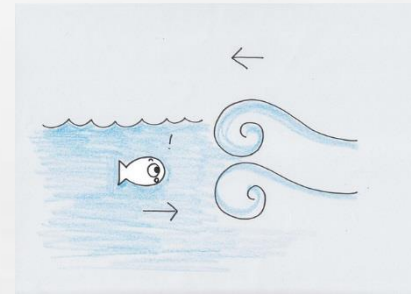
- **ALEYA STONE IS NEW TO LIBRARIANSHIP. SHE FINISHED HER MLS FROM TEXAS WOMAN'S UNIVERSITY IN DECEMBER OF 2017 AND BECAME THE REFERENCE LIBRARIAN FOR THE TYLER PUBLIC LIBRARY IN MAY OF 2018. WHEN SHE STARTED HER POSITION SHE HAD TWO SPECIFIC GOALS TOWARDS PROGRAMMING: PARTNERSHIPS AND COMMUNITY ENGAGEMENT. HER WORK ON ADULTING 101 HAS BEEN AN EFFORT TO COMBINE THOSE TWO GOALS AND CREATE A PROGRAM THAT IS USEFUL TO THE COMMUNITY.**



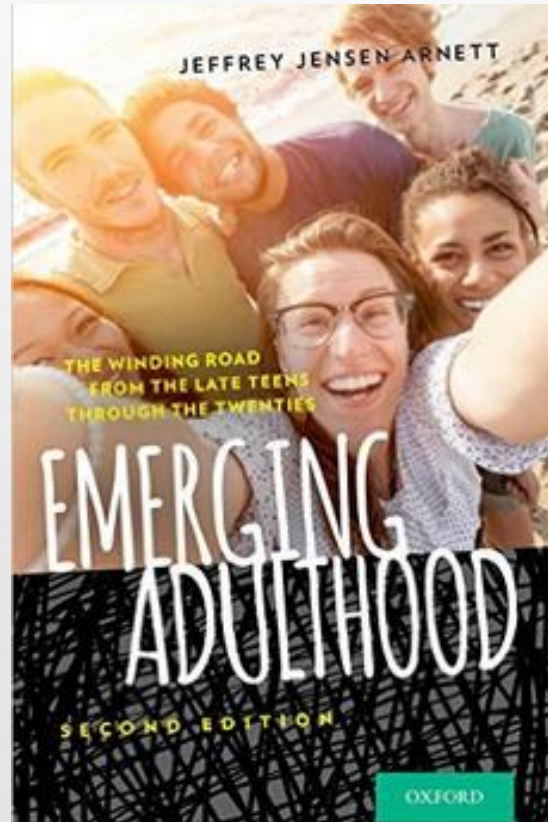
WHY ADULTING?

NOT KIDS, NOT 'TRUE' ADULTS

- *"I'VE TALKED WITH FRIENDS FROM COLLEGE, AND VERY FEW OF US FEEL LIKE "TRUE" ADULTS. SOME OF US STILL LIVE AT HOME. FEW OF US ARE COMPLETELY FINANCIALLY INDEPENDENT. ALL OF US ARE STILL GOING THROUGH THAT WEIRD TRANSITION TIME WITH OUR PARENTS. NONE OF US HAVE BEGUN CAREERS IN OUR CHOSEN FIELDS. COLLEGE, GRAD SCHOOL, PART-TIME JOBS, AND FULL-TIME JOBS ELSEWHERE FOR THE SAKE OF A PAYCHECK ARE STILL VERY MUCH IN THE PICTURE. WE'RE NOT KIDS. WE'RE NOT HAPPY-GO-LUCKY TEENS. BUT WE'RE NOT ADULTS EITHER. THE LAW MIGHT CALL US GROWN UP, BUT WE DON'T FEEL GROWN UP, AND THAT'S WHAT NEW ADULT ADDRESSES." - BOOKSHELVERS ANONYMOUS*



(NEAR) UNIVERSAL ISSUES FOR 18-29 YEAR OLDS



ARE TODAY'S NEW ADULTS DIFFERENT?

Young Adults Staying Close to Home (Because of Economy)

Age Group	% Living With Parents
All young adults	39%
18-24	53
25-29	41
30-34	17

Source: Pew Research, March 2012

Financial Assistance From Family by Age (% Regularly Receive Assistance)

Age Group	% Receive Assistance
18-34	19%
35-49	6
50-64	4

Source: Pew Research, March 2012

WHAT IS ADULTING?



- **DEPENDS ON WHO YOU ASK!**
 - **BUYING A HOME**
 - **BUYING A VACUUM**
 - **DOING LAUNDRY**
 - **OPENING A CHECKING ACCOUNT**
 - **BOILING AN EGG**
 - **RENTING AN APARTMENT**
 - **GETTING A JOB**
 -

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ROUND ROCK TEXAS



Series to help teens (ages 12-18) develop life skills and knowledge to transition to adulthood.



Round Rock is growing...

- Location – just north of Austin
- Round Rock has a population of 114,071 and the city is planning for 45,000 more residents by 2030
- Round Rock Public Library houses 230,000+ items, and has 61,500+ cardholders
- We are moving to a new 60,000 square-foot library in 2022



ROUND ROCK TEXAS



Teen Programming

- Dedicated Teen Librarian since 2006
- Attendance at programs has been steadily growing
- Highest program attendance has been at **Adulting 101 for Teens**

Adulting 101 For Teens

Started in 2017

Attendance in 2017 = 187 at 10 programs

Attendance in 2018 = 244 at 8 programs

When? – 1st Tuesday of the month, 6:30 pm- 7:30 pm

January-April and September-December



Topics 2017

Programs in bold had an attendance of 20+

- **Spotlight on Careers – meet an archeologist**
- Emergency Situations and Personal Safety
- Resumes and Job Applications
- Water Conservation at Home and Reading Your Water Bill
- Pet Ownership and Adopting
- Yoga for a Healthy Lifestyle



Relaxing with instruction from The Yoga Room Round Rock

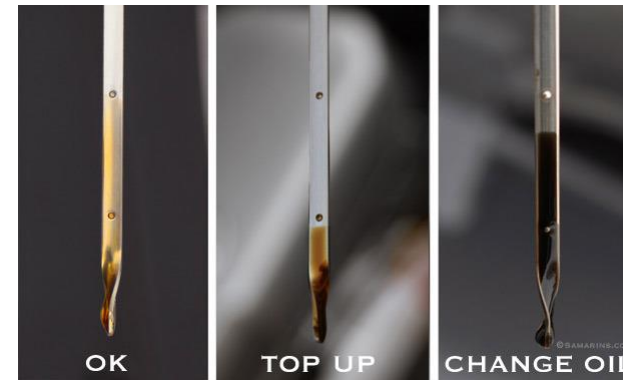
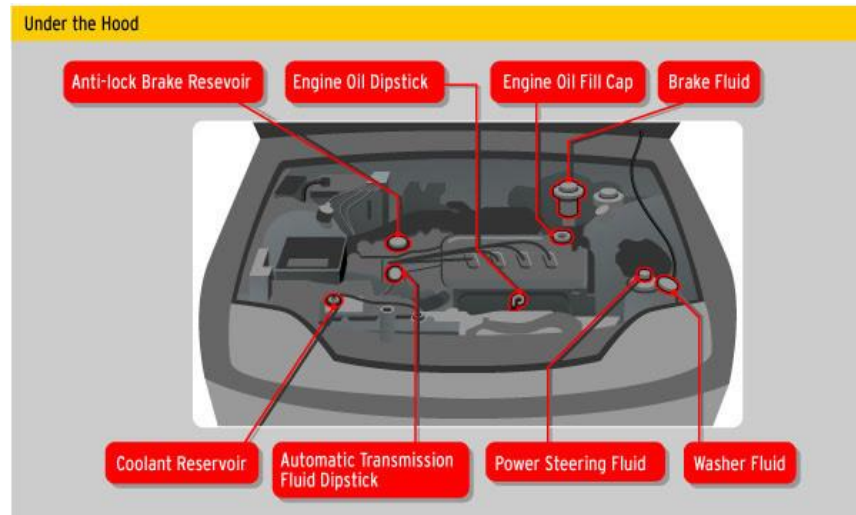
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Topics 2017

Programs in bold had an attendance of 20+

- Healthy Eating on a Budget
- Basic Car Maintenance



- **Finances – Good Money Management Habits**
- **Finances – Building a Spending Plan**

ROUND ROCK TEXAS



Topics 2018

Programs in bold had an attendance of 20+

- **Stress Management and Mental Health**
- Interview Skills
- **Check Out a Tech Career – mini career fair for Teen Tech week**



Teen meets a Darrel Bartley from
Subterranean Solutions tunneling company

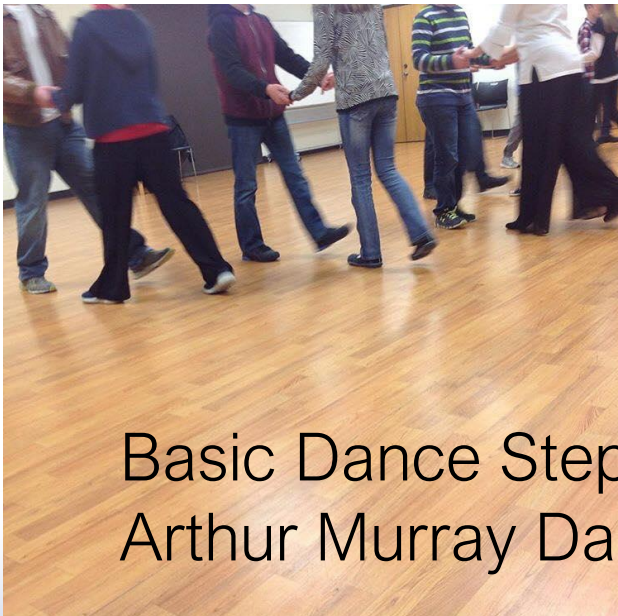
- Take 10 CPR and Basic First Aid



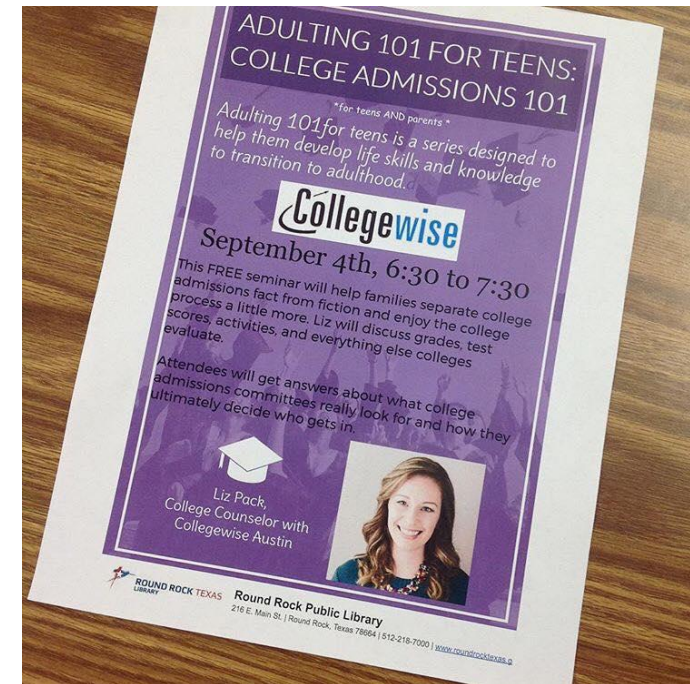
Topics 2018

Programs in bold had attendance of 20+

- **College Admissions 101**
- Yoga for Stress Relief and Relaxation
- **Wildlife Rescue and Rehabilitation**
- **Basic Dance Steps and Etiquette**



Basic Dance Steps with
Arthur Murray Dance Studio



ROUND ROCK TEXAS



Topics 2019

- Premier Martial Arts Self-Defense Class



- Time Management
- **Meet Local Entrepreneurs** – panel of local business owners, Q & A, TONIGHT!
- Writing a Winning College Essay (April)



How To Choose Topics - Getting Started

City workers who could present – then chose the topic

- Emergency Situations and Personal Safety – police dept.
- Resumes and applications – HR dept.
- Water Conservation + Reading Your Water Bill – water dept.

Teen Advisory Board – very helpful, insightful and surprising

Some of the topics they came up with:

- Healthy eating on a budget
- Finances
- Car maintenance
- Applying to college



How To Choose Topics

What have other libraries done? – used Teen Librarian Facebook groups

- Teen Services Underground
- Teen Librarians
- Teen Think Tank

Feedback forms – asked what topics teens would like

Talked to coworkers with teens



How To Choose Presenters

News article on our library web page— a local family counselor saw the article and asked to present on Stress Management and Mental Health. **This was our most popular program with 58 attendees!**



Picture shows a closing activity for stress management. Teens are about to be given post it notes to write down their stresses, then are instructed to scrunch them up and throw away!



How To Choose Presenters

Already mentioned look local - City of Round Rock departments

Talked to coworkers:

- **Adult Services Librarian** - lots of contacts! She gave me the idea of contacting a local mechanic who was posting useful Facebook videos on a local group
- **Bizability workshops** - free workshops for entrepreneurs and small business owners. This is a great network of presenters, many willing to talk to teens

Round Rock Chamber - Vice President of Community Enhancement

HINT: make sure you meet and plan with your presenter!



Network, Network For Success!

ROUND ROCK TEXAS



Promoting Adulting 101 for Teens

Target parents! Most effective way to get the word out has been making library Facebook events.

Do parents make their teens go? Maybe, but teens enjoy the programs. I received this feedback from a parent after the **Time Management** class:

“My two boys Chase & Caden attended your class last night & enjoyed it. I posted it on our school’s family page. I mentioned that my two didn’t want to go but really enjoyed it. Another parent was inquiring if you were offering the class another time soon? Thank you! Thanks for teaching this valuable information to our kiddos! They really need it.”



Promoting Adulting 101 for Teens



- School district – contacted High School librarians
- Posters/flyers/calendars
- News item on library webpage
- Spinner feature on library webpage
- Teen Instagram – roundrockteens



Follow us on
Instagram

ROUND ROCK TEXAS



Local News

Contacted by local KVUE news

YouTube - Adulting 101 for Teens, Round Rock Public Library



ROUND ROCK TEXAS



Feedback from Teens

Emergency Situations and Personal Safety

“I feel like we were too distracted to give Mr. Quick the proper thanks, and if you do call him with others' questions, please tell him I said thank you again. It was generous for him to not only have come on so little to sleep, but also stay longer to listen to our silly and not so silly questions. We don't get to ask these sorts of questions normally, and it really helped me to feel more confident in different situations.”

“I found it very helpful, and I didn't notice that we were running late until after it was mentioned. I definitely want to go to the next meeting.”



ADULTING IS HARD!

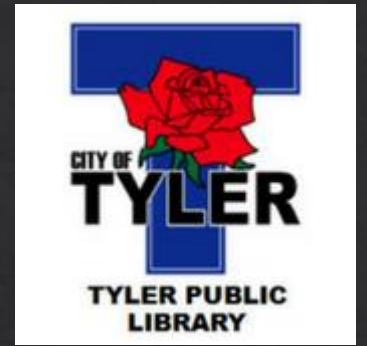


ROUND ROCK TEXAS

Adulting 101

Aleya Stone

About Tyler



Goals

- ◆ Build partnerships
- ◆ Engage the community
- ◆ Education

Adulting 101



Adulting 101 is a program provided by the Library to teach teens and adults valuable life lessons. The Library will seek out teachers for a variety of topics that may be useful. **This program occurs the 3rd Saturday of every month from 2-4 p.m. in the Taylor Auditorium.** Adulting 101 is a joint program provided by youth services and the reference department.

[Upcoming programs:](#)

February 16, 2019: Budgeting, presented by Cory Hazelip, Edward Jones.

March 16, 2019: Basic First Aid and CPR, presented by UT Health EMS.

We'll update our schedule as we add new classes. If you like this program, please fill out the following survey linked in the image below and [HERE](#).

Original Plan

ADULTING 101



August 18

2-4 p.m.

Taylor Auditorium



Topic: Credit

Presented by: Capital One

ADULTING 101



September 15

2-4 p.m.

Taylor Auditorium



Topic: Voting

Presented by: The League of Women Voters

The Beginning

Tyler Public Library to host "Adulting 101" classes

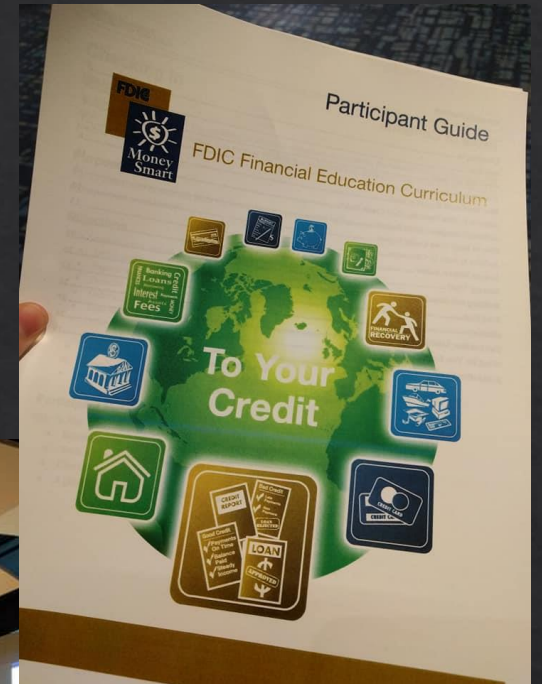
J. Edward Moreno, emoreno@tylerpaper.com Aug 15, 2018



(Sarah A. Miller/Tyler Morning Telegraph)

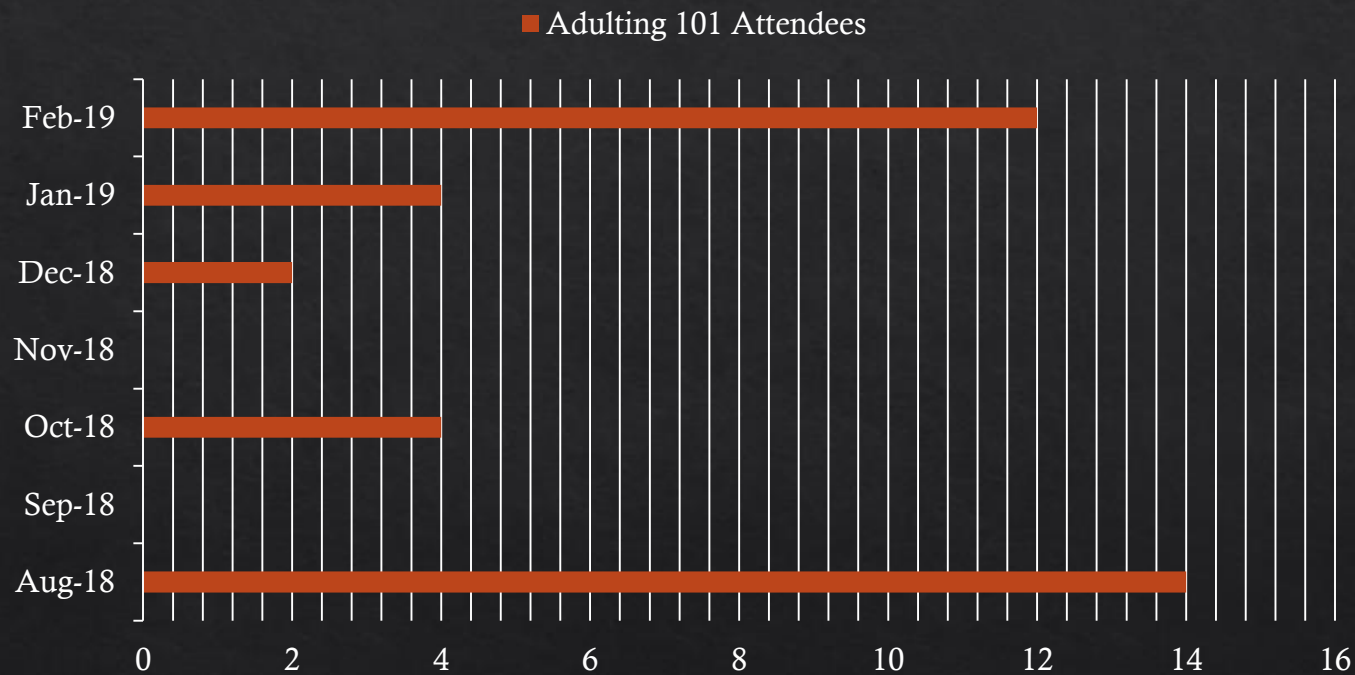
Adulting 101 Classes

The Tyler Public Library is hosting a series of classes teaching adults



Numbers & Topics

Adulting 101 Attendees



- ◆ August: Credit
- ◆ September: Voting
- ◆ October: Checking Accounts
- ◆ November: Resumes
- ◆ December: Basic Auto Care
- ◆ January: Renting
- ◆ February: Budgeting

Best Laid Plans



ADULTING 101

Every 3rd Saturday at 2 in the Taylor Auditorium. Classes for teens & adults.

NOV 17 **Adulting 101**
Public · Hosted by Tyler Public Library and Downtown Tyler, Texas · 2 co-hosts pending [?]

★ Interested

4 Dates · Aug 18, 2018 - Nov 17, 2018
Event ended about 3 months ago

Tyler Public Library

About Discussion

Write Post Add Photo/Video Create Poll

Write something...

209 Interested See All


INSIGHTS See More

13.1K
People Reached
+0 last 7 days

209
Responses
+0 last 7 days

Track ticket sales on your next event by adding a ticket link

Audience
Women 25-34
36% of total responses



Basic Auto Care
December 15 | 2 p.m. | Taylor Auditorium

DEC 15 **Basic Auto Care: Adulting 101**
Public · Hosted by Tyler Public Library and Downtown Tyler, Texas · 1 co-host pending [?]

★ Interested ✓ Going

Saturday, December 15, 2018 at 2 PM – 4 PM
about 1 month ago

201 S College Ave, Tyler, TX 75702-7328, United States Show Map

About Discussion

Write Post Add Photo/Video Create Poll

Write something...

1 Went · 32 Interested See All

Before

After

Renting 101

January 19 | 2 p.m. | Taylor Auditorium



JAN
19

Renting 101: Adulting 101

Public · Hosted by Tyler Public Library and 2 others · 1 co-host pending [?]

★ Interested ✓ Going



🕒 Saturday, January 19, 2019 at 2 PM – 4 PM
about 1 week ago

📍 201 S College Ave, Tyler, TX 75702-7328, United States [Show Map](#)

About

Discussion

Write Post Add Photo/Video Create Poll



Write something...

1 Went · 40 Interested

Share this event with your followers

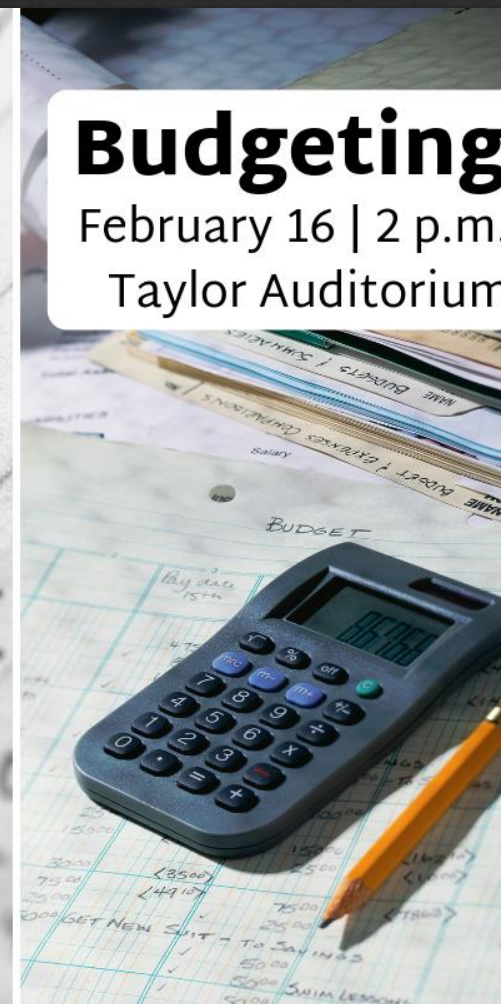
Web Presence



Budgeting

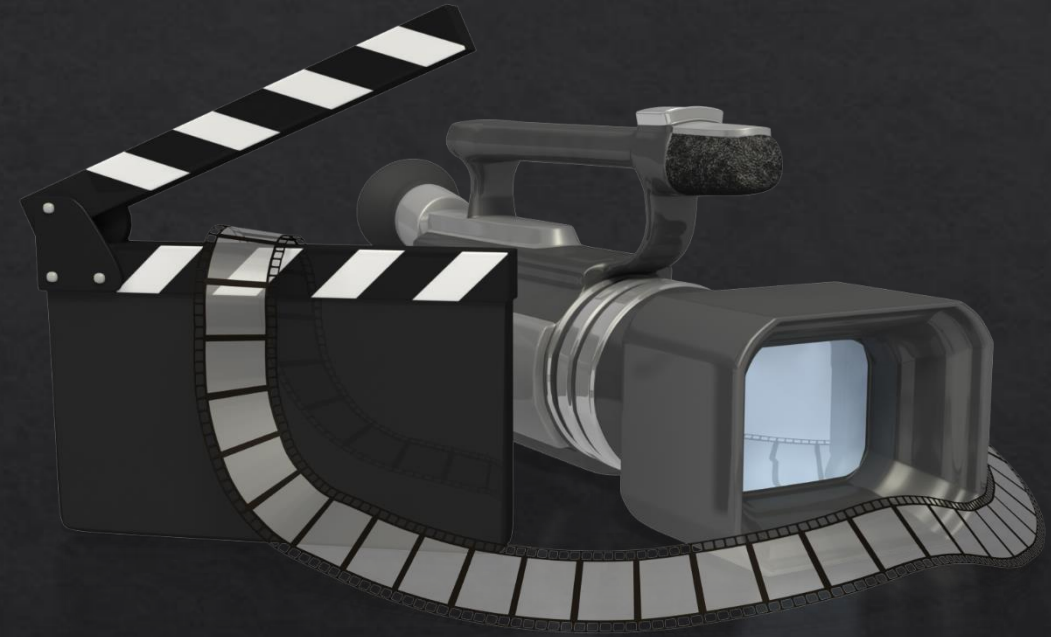
February 16 | 2 p.m.

Taylor Auditorium



Plans for Improvement

- ◆ Making videos
- ◆ Direct advertisements
- ◆ Online resources and content
- ◆ Facebook surveys
- ◆ Learn from others
- ◆ Possible Name Change



Meeting Goals & Making More

ADULTING

 **101** 

- ◆ Developed relationships and partnerships
- ◆ Strengthened relationships
- ◆ Plans to make new connections
- ◆ Plans for more classes

QUESTIONS?